riga rec
Presents...

November 2026 Chair and Gentle

# YOGA

with deb

$5
per class



NOVEMBER 2026

Gentle - Mon 4:30PM-5:30PM
11/2, 11/9, 11/23 & 11/30

multipurpose room

Chair - Friday 9:30AM-10:30AM
11/6, 11/13 & 11/20

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