

riga rec
Presents...



October 2026 Chair and Gentle

YOGA

with deb

\$5

per class

OCTOBER 2026

multipurpose room

Gentle - Mon 4:30PM-5:30PM
10/5, 10/19 & 10/26

Chair - Friday 9:30AM-10:30AM
10/2, 10/9, 10/16, 10/23 & 10/30



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