

riga rec  
Presents...



August 2026 Chair and Gentle

# YOGA

with deb

\$5

per class

AUGUST 2026

multipurpose room

Gentle - Mon 4:30PM-5:30PM  
8/10, 8/17 and 8/31

Chair - Friday 9:30AM-10:30AM  
8/14, 8/21, & 8/28



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