

riga rec
Presents...



July 2026 Chair and Gentle

YOGA

with deb

\$5
per class

JULY 2026

multipurpose room

Gentle - Mon 4:30PM-5:30PM
7/13 and 7/20

Chair - Friday 9:30AM-10:30AM
7/10, 7/17, & 7/24



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