

riga rec
Presents...



May 2026 gentle and chair

YOGA

with deb

\$5
per class



May 2026 - multipurpose room

Gentle - Mon 4:30PM-5:30PM
5/4, 5/11 and 5/18

Chair - Friday 9:30AM-10:30AM
5/1, 5/8, 5/15, 5/22 & 5/29



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