



# RIGA RECREATION

RIGA REC PROVIDES EXCEPTIONAL ACTIVITIES AND PROGRAMS WITH A GOAL OF ENHANCING THE QUALITY OF LIFE AND SENSE OF COMMUNITY TO ALL RESIDENTS. OUR VISION IS SIMPLE - TO PROVIDE FITNESS AND LEISURE OPTIONS THAT ARE FULFILLING, FAMILY ORIENTED AND MOST OF ALL FUN!



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## FEBRUARY 2026 - PROGRAMS

YOGA WITH DEB

TUES/FRI

MULTIPURPOSE ROOM - MULTIPLE

GENTLE YOGA - TUESDAYS 4:30PM-5:30PM

2/3 & 2/10

CHAIR YOGA - FRIDAYS 9:30AM-10:30AM

2/6, 2/13, 2/20 & 2/27

19TH CENTURY DANCE CLASS \*NEW CLASS\*

MULTIPURPOSE ROOM 6:00PM - 7:30PM

COME JOIN MASTER DANCE INSTRUCTOR RICK AS HE GIVES PARTICIPANTS A CHANCE TO EXPERIENCE DANCES THAT WERE POPULAR IN RIGA DURING THE EARLY YEARS.

CLASSES: THURS 2/5, & 2/12  
EVENING DANCE EVENT: FRIDAY 2/20 (@ MAHER LODGE)

COST: FREE!

YOGA WITH JODI

SAT 2/14 & 2/28

MULTIPURPOSE ROOM - 10AM

CHAIR YOGA - 10:00AM-11:00AM  
2/14 & 2/28

A GREAT OPTION FOR THOSE WHO WISH TO GO AT THEIR OWN PACE AND LOOK TO IMPROVE FLEXIBILITY AND STRENGTH.

BOWLING "FUN DAY" THURS 2/19

ROSEGARDEN BOWL - BERGEN, NY

\*NEW ACTIVITY\*

GIVE YOUR CHILDREN SOMETHING FUN TO DO OVER WINTER BREAK. COME LEARN BOWLING BASICS, BOWL 2 GAMES, SHOE RENTAL, PIZZA AND DRINK. KIDS GRADES 1<sup>ST</sup> - 8<sup>TH</sup>. EMAIL BY 2/17 TO REGISTER.

COST - \$15

CARDMAKING W/ NANCY FEB 19<sup>TH</sup>  
SCRAPBOOKING W/ ANNE FEB 21<sup>ST</sup>

MULTIPURPOSE ROOM

CARDMAKING W/ NANCY  
THURS 2/19 6:00PM-8:30PM

SCRAPBOOKING W/ ANNE  
SAT 2/21 9:00AM-3:00PM

CORNHOLE TOURNAMENT THURS 2/19

MAHER LODGE - 6:00PM

- COME AS A SINGLE OR BRING A FRIEND, ENJOY FRIENDLY COMPETITION AND MEET SOMEONE NEW.
- PRIZES ARE AWARDED AND FUN IS HAD BY ALL - DON'T MISS IT! PRE-REGISTRATION IS NEEDED. CONTACT THE REC OFFICE TO CONFIRM YOUR SPOT.