

**RIGA REC  
PRESENTS...**



**FEBRUARY 2026 GENTLE AND CHAIR**

# YOGA

**with deb**

\$5  
per  
class



## **FEBRUARY – MULTIPURPOSE ROOM**

Gentle – Tues 4:30PM-5:30PM  
**2/3, AND 2/10**

Chair – Friday 9:30AM-10:30AM  
**2/6, 2/13, 2/20, & 2/27**

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